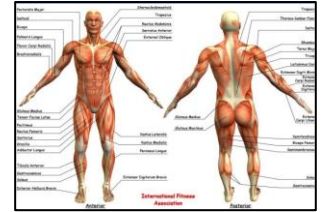




# SPORT BTEC LEVEL 3 NATIONAL EXTENDED DIPLOMA



The BTEC course is designed for people who have an interest in SPORT, coaching and jobs within the sports industry. This course is mainly coursework based, but has elements of practical work and units. You will learn through classwork, practical lessons and coaching sessions. This course is equivalent of three A-levels and is a two year course with new specialisms. There will be an online exam for 1 / 2 units to be confirmed September 2017.

### What will you learn?

You learn by completing projects and assignments that are based on realistic workplace situations within the Sports industry. The course will teach you technical and performance skills within coaching and theoretical elements through coursework and units. You will be required to attend theory based lessons which will develop your knowledge and understanding of the content and industry, which will then be assessed through assignments

The course is made up of a mixture of 19 Units, 10 mandatory Units and 9 specialist units selected by tutors and students to best suit individual strengths. Upon beginning the course, students will be asked if they would like to gain extra qualifications in Football coaching and Life guarding.

### Mandatory Units:

*Principles of Anatomy & Physiology*  
*The Physiology of Fitness*  
*Assessing Risk in Sport*  
*Fitness Training & Programming*  
*Fitness Testing for Sport and Exercise*  
*Sports Nutrition*  
*Psychology for Sports Performance*  
*Technical & Tactical skills in Sport*  
*The Athlete's Lifestyle*

### Examples of Specialist Units:

*Sports Coaching*  
*Practical Team Sports*  
*Current Issues in Sport*  
*Sports Injuries*  
*Talent Identification & Development in Sport*  
*Rules, Regulations & Officiating in Sport*  
*Organising Sports Events*  
*PE & Care of Children*  
*Work Experience*

### How will you learn?

All units are assessed and graded and an overall grade for the qualification is awarded. Throughout the course there will be opportunities for you to develop your personal, learning and thinking skills. You need to be able to work creatively, independently and collaboratively on assignments and assessments.

### How will you learn, cont'd...

Within the two years of the course you will have opportunities to learn through assignments, creating reports and presentations. Coaching sessions and organising events such as football competitions and coaching school football teams. You will experience leading and running practical sessions in school and at local primary schools. You will also be given the chance to attend trips and work alongside professionals, who are currently involved with the Sports industry.

### Where will it take you?

This course is designed to prepare you for a vast range of jobs in the Sports and Coaching industry. BTEC Level 3 Diplomas are valued by employers and higher education (Universities, Colleges.) Triple MERIT gains you 240 UCAS points. It also provides students with the opportunity to develop a range of skills and techniques, personal skills and attributes which are all essential for working life in general.

The extra qualifications that can be gained whilst on the course are FA level 1/2 coaching award, Leadership award and Life guard which will earn students extra UCAS points! The Level 3 BTEC Sports course provides a good route way through onto any of Bournemouth University Sports courses and other universities.

### Who to talk to?

Please speak to Mr Child or email [mike.child@thebourneacademy.com](mailto:mike.child@thebourneacademy.com) for further info.

### What will you need to study this course?

Students will need to have four or more A\* - C grades at GCSE, and BTEC First Award in Sport at Level 2 achieving **MERIT** overall. External candidates will need to follow an audition process involving an interview.



*"The course used different assessment skills like presentation and interviews which help prepare you for life." - Chris, Tyler and James 2017*

*"I have really enjoyed the course because of the varied units which has made it really interesting. Now I am looking to go and study Sports Broadcasting at UCFB Wembley, London." - Joseph Richardson 2016*