**TERM: Summer 2017**

**YEAR GROUP: 8**

**SUBJECT: PE and ODE**

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| **TERM TOPIC: Athletics and Striking and Fielding**  |
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| KPI 1 | KPI 1: Athletics - Perform skills with control and greater speed, adapting them to the situation |
| I can throw the equipment, showing correct technique in a fluent motion in most of the events. I understand some of the mechanics behind the throws and can measure accurately with a friend. |
| I can jump displaying the correct technique in a fluent motion for most of the events. I am able to highlight strengths and weaknesses of others’ performance and understand some of the mechanics behind the different jumps. |
| I know and understand the different starting positions for when running a race. I have a good understanding of a generic running technique, and can begin to describe the different strategies when running short/long distance races. |
| KPI 2 | KPI 2: Striking and Fielding - Effectively performs a range of actions, skills and techniques with control, combining them appropriately in both isolation and small group setting. |
| Direct the ball away from fielders, using different angles and speeds. |
| Plan to outwit the opposition individually, as a pair or as a team, when they are batting, bowling and fielding. |
| Use tactics, which involve bowlers and fielders working together. |
| Identify what they need to improve in their performance and suggest how they could do this. |
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