**TERM: Summer 2017**

**SUBJECT: PE and ODE**

**YEAR GROUP: 7**

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| **TERM TOPIC: Athletics and Striking and Fielding**  |
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| KPI 1 | KPI 1: Athletics - Perform skills with control and greater speed, adapting them to the situation |
| I can throw the equipment, showing some technical awareness. I show partial knowledge of the mechanics behind the throws and can measure with teacher support. |
| I can jump displaying some technique for some of the events. I show some understanding of the mechanics behind the different jumps.  |
| I understand where to start a race. I have some knowledge of the early part of races. I am able to highlight the differences between short/ long distances. |
| KPI 2 | KPI 2: Striking and Fielding - Effectively performs a range of actions, skills and techniques with control, combining them appropriately in both isolation and small group setting. |
| I can throw over and underarm with accuracy and for a good distance |
| I can plan to outwit the opposition individually, as a pair or as a team, when they are batting, bowling and fielding |
| I can show a range of fielding techniques  |
| I can bat effectively, using different types of shot |
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