



6 April 2022

Dear Parents/Carers,

You will be aware that the advice in relation to isolation and managing Covid-19 has changed since 1st April 2022 and is now being referred to as 'living with Covid'.

The Department of Education has advised all educational settings of the following guidance to follow:

- children and young people who are unwell and have a high temperature should stay at home and avoid contact with other people. They can go back to school, college or childcare when they no longer have a high temperature, and they are well enough to attend
- adults with a positive COVID-19 test result should try to stay at home and avoid contact with other people for 5 days, which is when they are most infectious. For children and young people aged 18 and under, the advice will be 3 days
- Regular asymptomatic testing is no longer recommended in any educational setting therefore schools will no longer supply free self-testing kits for staff and students

Therefore, the need to isolate for 10 days is no longer the case. For reference a high temperature is 38 and above.

Please can we ask you to remind your child of the simple steps they can take to help reduce the spread of covid or indeed any respiratory infection:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Should you have any questions please contact Alex Mitchell, our attendance officer.

Kind regards

The Bourne Academy

Principal: Mr Mark Avoth

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