

Are you struggling to afford essentials such as food and keeping warm?

Together**WeCan**



Don't suffer in silence. We are here to help you access food and support to keep warm over the winter period.

We can provide advice on:

- ✓ access to food through foodbanks and other community food support
- ✓ help with keeping warm this winter

For advice about **accessing food:**

→ bcpcouncil.gov.uk/householdsupport

For advice about **winter warmth:**

→ call Citizens Advice BCP: **01202 081732**

→ citizensadvicebcp.org.uk/winterwarmthsupport

bcpcouncil.gov.uk/householdsupport

