



14 January 2022

Dear Parent/Carer,

Changes to Self-Isolation Guidance

As a result of yesterday's government change in guidance for self-isolation periods for those who test positive with Covid-19, the Academy has updated the isolation protocol.

Please note that this applies to those testing positive for Covid-19 using a lateral flow test (LFT) from Monday 17th January 2022.

- Your child should begin isolating from the result of the test (day of test counts as Day 0)
- A confirmatory PCR test does **not** need to be booked
- Please let the Academy and the NHS know about the positive result
- Work will be set for your child on Show My Homework for them, if they are feeling well enough, to complete
- On Day 5 and Day 6, if your child does not have a temperature, they can take a LFT on each day. If the results of both tests are negative, they will be able to end their isolation and return to school on Day 6. These results **must** be reported to the NHS and the Academy.
- If either of the Day 5 or Day 6 LFT results are positive, your child should continue to self-isolate and take a LFT each day until they get two consecutive days of negative LFT results. Once this is achieved, they can end their isolation and return to school. All results **must** be reported to the NHS and the Academy.
- If your child is still showing a positive LFT result on Day 10, they should end their isolation and return to school, as long as they do not have a temperature.
- If your child still has a temperature at Day 10, they should continue to isolate until their temperature has returned to normal.

Information on how to report LFT results to the NHS and the Academy can be found on the Academy's website: [The Bourne Academy - Home Testing](#)

As a reminder, if your child display's one of the main Covid-19 symptoms:

- High temperature
- New and continuous cough
- Changes in sense of taste and smell

They must stay at home following isolation guidance and book a PCR test.

Thank you for your continued support and co-operation with this.

Kind regards

The Bourne Academy

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