

SPORT BTEC LEVEL 3 **NATIONAL EXTENDED DIPLOMA**

The BTEC course is designed for people who have an interest in SPORT, coaching and jobs within the sports industry. This course is mainly coursework based, but has elements of practical work and units. You will learn through classwork, practical lessons and coaching sessions. The Triple course is equivalent to three A-levels and The Single course is the equivalent to one A-Level. Both qualifications are a two year course with new specifications. There will be four exams for Triple students and two exams for Single students.

What will you learn?

You learn by completing projects and assignments that are based on realistic workplace situations within the Sports Industry. The course is made up of a mixture of 14 Units: ten mandatory Units and four specialist units selected by tutors and students to best suit individual strengths. Upon beginning the course, students will be asked if they would like to gain extra qualifications in Football Coaching and Life Guarding to gain work in the local area.

How will you learn?

All units are assessed and graded and an overall grade for the qualification is awarded. Throughout the course there will be opportunities for you to develop your personal, learning and thinking skills. You need to be able to work creatively, independently and collaboratively on assignments and assessments. You will have opportunities to learn through assignments, creating reports, videos and presentations, coaching sessions, organising events such as football or footgolf competitions and coaching school football teams. You will experience leading and running practical sessions in school and at local primary schools. You will also be given the chance to attend trips and work alongside professionals, who are currently involved with the Sports Industry.

Where will it take you?

This course is designed to prepare you for a vast range of jobs in the Sports and Coaching Industry. BTEC Level 3 Extended Diplomas are valued by employers and higher education Universities. They also provide students with the opportunity to develop a range of skills and techniques, personal skills and attributes which are all essential for working life in general. The extra qualifications that can be gained whilst on the course are FA level 1/2 Coaching Award, Leadership Award and Life Guard - all of which will earn students extra UCAS points! The Level 3 BTEC Sports course provides a good route onto any of Bournemouth University sports courses and other universities.

Who to talk to?

Please speak to Mr Child or email mike.child@thebourneacademy.com for further info.

What will you need to study this course?

Five or more 9-4 grades at GCSE including English and Maths. At least a grade 6/Merit in a related L2 course. A grade 5 in GCSE English is desirable.

Units:

- Principles of Anatomy & Physiology (exam)
- The Physiology of Fitness
- Assessing Risk in Sport
- Fitness Training & Programming (exam)
- Fitness Testing for Sport and Exercise
- Sports Nutrition
- Psychology for Sports Performance
- Technical & Tactical skills in Sport
- The Athlete's Lifestyle
- Sports Coaching
- Investigating Business in Sport and the Active Leisure Industry (exam)
- Development and Provision of Sport (exam)
- Sports Injuries
- Talent Identification & Development in Sport
- Rules, Regulations & Officiating in Sport
- Organising Sports Events
- Work Experience