

MESSAGE FROM PRINCIPAL

A massive thanks to students and families for everything you have done in getting stuck into remote learning so far, we are so proud of you all. As staff move towards a more structured remote provision, I would also like to thank staff for their commitment and enthusiasm. Further guidance for Home and Remote working can be found on our website, <u>here.</u>

YEAR 8 OPTIONS AND PTC EVENING

Year 8 PTC evening - Wednesday 27 January, 3pm - 6pm. Guidance for booking appointments can be found <u>here.</u> A page is being set up on our website to help Year 8 students make an informed choice about their subject options. More information to follow.

SPORT CHALLENGES

The Sports department is posting weekly challenges via SMHW. Take part and see if you can make it onto the weekly leader boards!

VIRTUAL JOURNEY TO OSILIGI OBAYA IN KENYA

The challenge has begun! We are calling on our students and staff to get involved and clock up 6040 miles to 'travel' the distance to 'The Bourne Academy House' in Osiligi Obaya, Kenya. More information can be found on our website, <u>here.</u> We have passed our first journey marker of Poole Ferry Terminal and we are currently in international waters.

WELLBEING

During the lockdown it is important to support emotional health and wellbeing, there is guidance on our website <u>here</u>, and more information about sources of support below.



If you need to talk to someone about your mental health, please seek advice from your GP.

If you need urgent help, you can call <u>Samaritans</u> on <u>116 123.</u> They're available to offer support 24/7 every single day of the year.

 You can also find neip and support from other services and organisations below:
Mind: 0300 122 3292 mind org uk Retnink: 0300 5000 927 rethink org
PAPYRUS (Prevention of Young Suicide): 0800 068 4141 papyrus-uk.org
Calm: 0800 58 58 58 thecalmzone.net
The Mix: 0808 808 4994 themix.org.uk Heads Together: headstogether.org.uk
Blurt foundation: blurtitout.org
Young Minds: 0808 802 5544 youngminds.org.uk

HOUSE POINTS LEAGUEANVILCALSHOTHURSTKINGSWEARPORTLANDTRINITY567364994776391601326232969629

ASPIRE NEWS

This half term all staff will be making their ASPIRE nominations to recognise student work during this time. Staff will be recognising students who are making progress in our ASPIRE competencies and being Ambitious, Self-Confident, Physically Literate, Independent, Resilient and Emotionally Literate. We know that in times of challenge these competencies are as important as ever.

SHARE WHAT YOU HAVE BEEN UP TO

It is great to see what students are doing at home, whether it is school work or some other fun activities. If you would like us to share what you have been up to, please send photos/videos and information to Miss Holden via email: gemma.holden@thebourneacademy.com

Here is a a submission from Year 7 student Ethan, who has been keeping fit with virtual reality table tennis and running. Well done Ethan!



COVID-19 SONNET

Year 8 students have been learning about sonnets for their Shakespeare unit. They were challenged to write one themselves, here is one topical example written in iambic pentameter following the correct rhyming scheme:

It started in a market in Wuhan,

They think it came from a bat with disease, It was then transferred from bat to human, Despite our worries, Dad put us at ease, COVID spread across the world rapidly, Causing sad deaths, a pandemic arose, We had to lockdown as a family, The NHS workers were our heroes, We had no school our lessons were online, The shelves in shops were empty, no loo rolls, Any COVID symptoms call 999, We exercised by going on long strolls, Pfizer and Oxford worked so hard in vain, Then miraculously the vaccine came. By Jake B

HOUSE POINT MINI LEAGUE

We are launching a House Point Lockdown Mini League – each week we will share the House Point winners for the week. Staff are continuing to award house points for the fantastic work that is being completed at home. All points awarded in the weekly mini league will count towards the House Point year grand total. Weekly winners will be shared on social media and our website, starting next week!