

Careers in the Performing Arts

National Careers Week



There are so many exciting careers in the Performing Arts which come under the umbrella of Performance and Production roles.

Performance (on stage)	Production (Behind the scenes)	Alternative careers
Actor/Actress Circus Performer Dancer Musician Singer	Choreographer Composer Director Lighting Designer Producer Screenwriter Set Designer Sound Engineer Stage Crew Stage Manager Theatre Technician	Arts Administration Dance or Movement Therapist Drama Therapist Marketing Music Therapist Teacher or Lecturer Theatre Front of House





The Bourne Academy Performing Arts Team

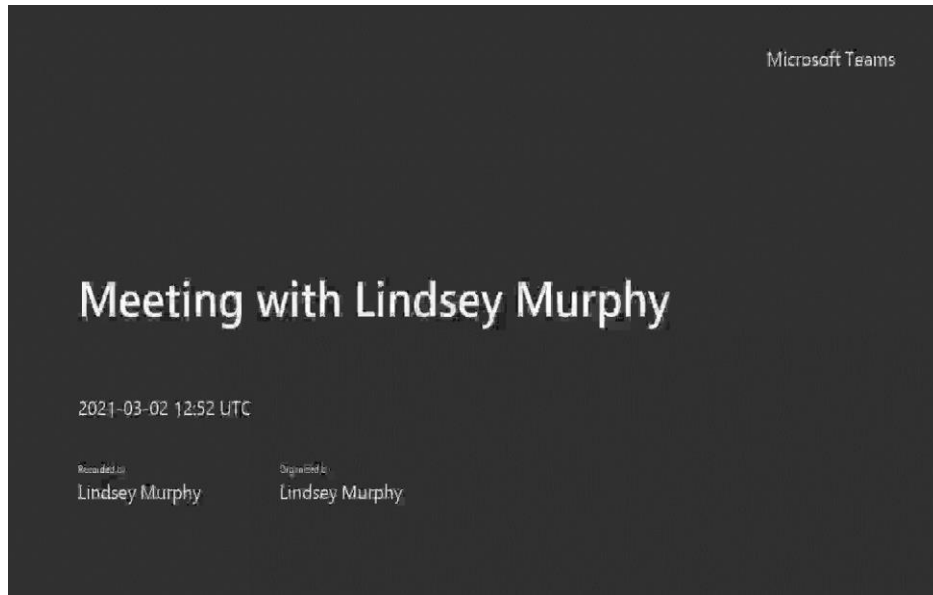


THE BOURNE
ACADEMY
PERFORMING
ARTS

DANCE



Mrs. Murphy (Subject Lead for Dance and Drama)



Miss Lewis (Teacher of Dance and Head of Calshot)



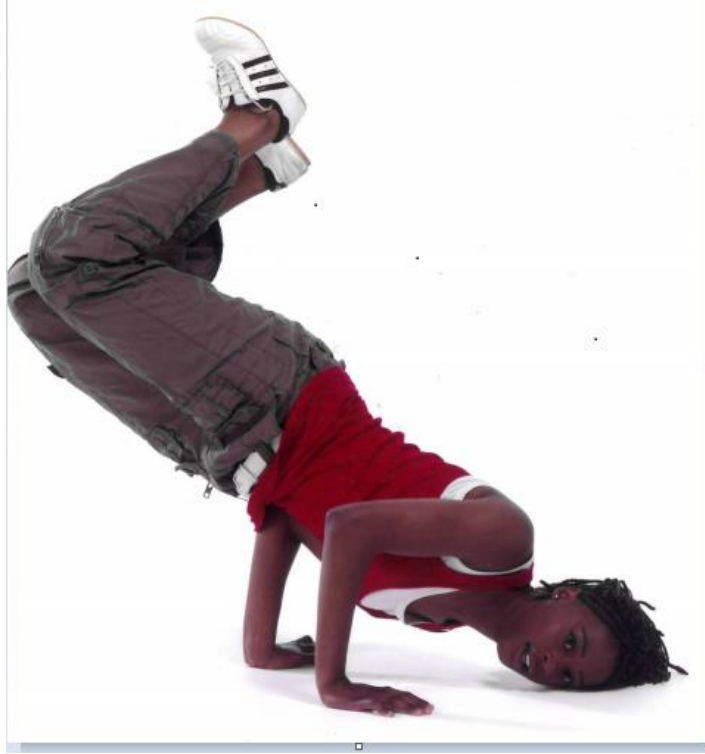
Alumni Article

FORMER STUDENT IN THE SPOTLIGHT: AFFOLAKE LEWIS

- Our former student who is in the spotlight is Affolake Lewis, who is now a dance teacher at the Academy and Head of House for Calshot. Miss Lewis attended the Academy when it was previously known as Kingsleigh Secondary School and left in 1999.
- During her time at the school she also learnt under the tutelage of the Academy's now Assistant Principal, Mrs Bennett. Miss Lewis recalls plenty of fond memories of her time at the Academy, including trips abroad, making a prom dress in textiles, becoming part of the Student Leadership Team in Year 11 and most notably, Dance lessons she undertook throughout her school years.
- After completing her GCSEs, Miss Lewis then went on to study at Bournemouth & Poole College, where she completed a BTEC course in Dance. Following this, university awaited, and Miss Lewis went onto King Alfred's College (now known as Winchester University), completing a three-year degree in Dance Studies and graduating in September 2004.
- She lists this as one of her proudest moments, due to being the first in her family to attend and complete a university degree. Post-studies, Miss Lewis moved back to Bournemouth and started delivering dance workshops in local schools, youth clubs and community centres.
- She was also in a local street dance performance company called Pure Funk, where she toured the south coast and took part in dance productions. She has since returned to The Academy and says she loves everything that encompasses dance, whether that's watching, performing, teaching or supporting the next generation to completely immerse themselves in dance.

Miss Lewis - Dance Jobs

- Performer
- Arts Administrator
- Workshop Leader
- Children's Centre Play Worker
- Choreographer
- Dance Teacher –Community Arts
- Arts Award Leader
- Dance Model
- Charity Dance video performer
- Dance Competitions - company performer
- Youth Worker - Dance Lead
- Secondary School Dance Teacher

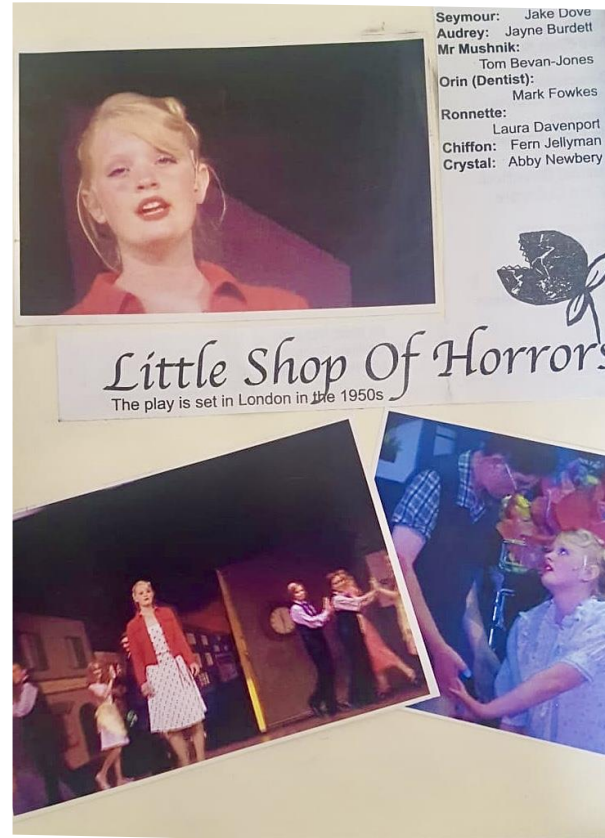


Mrs. How (Teacher of PE and Dance)

- During school/university, I danced with the Southwest Dance Company at The Exeter Northcott Theatre (Dance)
- I was main female lead (Audrey) in the show 'The Little Shop of Horrors (Drama, Music, and Dance).
- I studied Physical Education, Drama and Leisure and Recreation at A-level
- I studied at The Exeter University completing a degree in Exercise and Sport Science.
- I then went on to complete a PGCE at The University of Exeter in Secondary Physical Education.
- Became a P.E teacher and got my first teaching post here at The Bourne Academy teaching P.E and Dance where I have now been for 9 years.



Mrs. How



Zoe MISSFIT Dance Company



Drama



Mr. Perkins (Teacher of Drama and Assistant Principal)

- First experience of drama and acting was being cast in the role of Fagin in the musical 'Oliver' when in Year 5.
- Went on to perform in a wide range of acting roles and roles in musical theatre on stage. Favourite role: Sir Evelyn Oakleigh in the musical Anything Goes.
- Studied Theatre and Professional Practice BA Hons.
- Devised original performance work as part of a theatre company both in theatres and producing site specific performances.
- Worked as an actor in roleplays for government and local authority training courses throughout the UK.
- Worked as a Teaching Assistant before applying to train as a teacher.
- Studied PGCE Secondary Drama at Birmingham City University.

Mrs. Hitchins (Head of KS3 English and teacher of English and Drama)

- After completing my GCSEs, I studied a BTEC in Performing Arts and a diploma in Fashion, Theatre and Media Make Up at Cornwall College. During my time at college I held Drama workshops for disabled adults, taught a Performing Arts class at a primary school and was part of an Arts project with the BBC performing in a disused quarry – cold, wet and muddy, but so much fun!
- After my BTEC I went to Winchester University to study Drama and Dance studies. I soon realised I was actually not great at dance so dropped it in my second year to focus on my Drama studies.
- I graduated from Winchester University with a degree in Drama with Dance studies. After moving to Bournemouth, I worked in various office based jobs but was never truly happy. I decided to become a teacher as that is what I had enjoyed during my college and university days the most.
- I worked voluntary in a school one day a week whilst fitting 5 days of work into 4 days– 8am to 8pm Monday-Thursday and then Fridays working in a primary school.
- I went back to Winchester University to study a PGCE (in Primary Education) when I was 26.
- After qualifying I worked in a primary school in Salisbury before getting a job in a local school. This is where I met lots of TBA students first! Most of you were in Year 1 or 2 at the time!
- I had a slight change of career and became a Secondary School Teacher of English in another school.
- Finally, I came to TBA as an English teacher but now find myself back to where it all started and teaching Drama as well!
- I might not have taken the easiest or obvious route towards my dream career, but it has been a lot of fun!



Miss Langston (Teacher of English and Drama)

- My experiences in the performing arts started when I could walk. My parents saw I had a true love and passion for the performing arts so put me in ballet and tap classes from the age of 5. I then became a part of a musical theatre company called Footlights which was based where I used to live in London. We used to perform two shows annually and lots of people who were in the company have gone on to have successful careers in the West End and some in television.
- When I reached secondary school age, I wanted to take my dance training further so started classes at Sylvia Young Theatre School in London. After moving to Bournemouth, the performing arts became a focus for me as I studied both Dance and Drama at GCSE, followed by Performing Arts (and English) at Sixth Form. Under the watchful eye of Mr Perkins, Mr Mastrocola and Miss Lewis, I also gained in experience in not only the physical side of the performing arts, but the business side too.
- This is when I decided that I wanted to continue this at university and went on to study Stadium and Events Management at UCFB Wembley. Although I loved studying my university degree, I quickly realised that teaching was my calling as I was volunteering with the Football Association (FA) to help support and run their Learning Zone.
- The performing arts has always been such an influential and important part of my life. I have picked up many skills along the way, all of which I still use today.

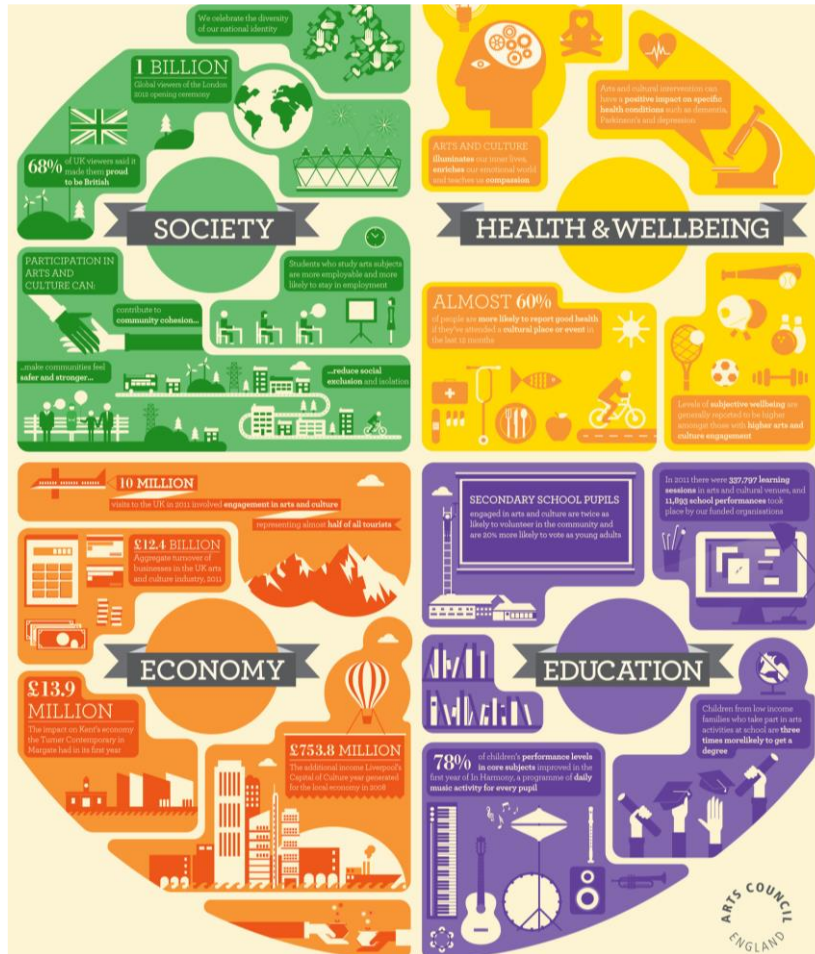
Music



Mr. Mastrocola: Head of Visual and Performing Arts

- My first music concert was the Freddie Mercury Tribute Concert which made me realise I wanted to be a musician.
- I formed my first band when I was 13 and we got a monthly residency at local bar 6 months later as well as touring in the School holidays.
- I studied Maths and Physics at University before moving to London where I worked as a session musician in various studios across the City recording pop, indie and folk albums (as well as working for the Football Association in Soho Square).
- I worked as a Touring and Session Musician for various bands and artists before studying my PGCE in Secondary Music Education.

The benefits of the arts



- When we talk about the value of arts and culture to society, we always start with its intrinsic value: how arts and culture can illuminate our inner lives and enrich our emotional world.
- This is what we cherish.
- However, we also understand that arts and culture has a wider, more measurable impact on our economy, health and wellbeing, society and education.
- It's important we also recognise this impact to help people think of our arts and culture for what they are: a strategic national resource.
- The value of arts and culture to people and society outlines the existing evidence on the impact of arts and culture on our economy, health and wellbeing, society and education.
- [The value of arts and culture to people and society | Arts Council England](#)
- [Performing Arts \(publishing.service.gov.uk\)](http://publishing.service.gov.uk)

How students benefit from the arts

- Empathy is a hugely important characteristic in everyday life, and children, who can naturally be quite self-centred, will benefit from learning empathy when they study characterisation. To accurately portray a character, we need to be able to step into their shoes to understand and appreciate their present situation and our portrayal of them at that moment; but we also need to understand the decisions and actions that have brought them to the instance we are depicting.
- Is this character happy or sad; why do they feel this way; and what will influence their thinking at this moment in time? If your child understands a character in this way they can apply this to their own lives and will in turn know how to react more effectively to everyday situations with friends, at school or with adults, ultimately making them more socially aware. Parents can help nurture empathy by reading in scenes at home to help your child memorise their lines and better understand their character.
- The ability to listen, retain information and act accordingly is an important skill. Effective listening is achieved when children take direction from their peers, teachers and directors. This direction can not only change the course of a scene, but it encourages children to be more receptive to the thoughts and ideas of others if they are willing to listen and work collaboratively. In turn, this can make children less confrontational, and better-respected among their peers, who will see them as someone to turn to when they need advice or just someone to talk to.
- The ability to listen also boosts the sense of camaraderie and encourages teamwork among children who are part of a larger cast. Performances are a big commitment, requiring a whole team effort to ensure that the end result is their best possible performance. While listening to changes is time-consuming and requires patience, when the whole cast perseveres they will end up with a performance they can be proud of, as well as mums, dads and carers.

How students benefit from the arts

- Children are often encouraged to use their imaginations and ‘think-outside-the-box’ when confronted with an issue. For example, they may come across the following scenario in a drama class: we don’t have access to a car to perform our scene, but we do have four chairs for seats and a colander which will become our steering wheel.
- We can all react to the curve of the road, or have experienced the jolt of a car when stopping quickly in traffic – therefore we have all the components needed to portray a car journey. The ability to solve problems creatively within the safety of a performing arts environment can be transferred to everyday life when dealing with a variety of issues. If children feel comfortable exploring and dealing with problems in a non-linear way, this makes them more confident overall.
- Performing arts are hugely beneficial to children’s confidence levels. It takes courage to participate in a practical performance: standing up on a stage, risking forgetting a line or tripping in a dance routine. The confidence that comes from performing arts is naturally transferred into everyday life and will help children in a variety of different social situations - making them more comfortable answering questions in their lessons, giving presentations and successfully interviewing for university places and jobs later on in life.
- Parents can help to nurture children’s new-found confidence by encouraging them to rehearse their lines, songs and dance routines in front of family and friends. You could even encourage them to teach their dance routines to willing members of the family. Not only will this affirm to the child that they know the routine but being able to teach Dad a new dance move or two will also instil a sense of pride in a child and no doubt be a source of entertainment!

[Parentkind - How children benefit from performing arts](#)

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Contribution of the arts and cultural industries to the UK economy



- The arts and culture industry has grown **£390million** in a year and now contributes **£10.8billion** a year to the UK economy.
- The sector contributes **£2.8billion** a year to the Treasury via taxation, and generates a further **£23billion** a year and **363,700 jobs**.
- Productivity in the arts and culture industry between 2009 and 2016 was greater than that of the economy as a whole, with gross value added per worker at **£62,000** for arts and culture, compared to £46,800 for the wider UK economy.

[Contribution of the arts and culture industry to the UK economy | Arts Council England](#)

Useful websites for careers within:

Dance	Drama	Music
Types of jobs in the performing arts – VERCIDA	What can I do with a degree in drama? Prospects.ac.uk	Careers in music
Careers-Guide-Digital-version.pdf (onedanceuk.org)	Careers in Drama First Careers	Job Profiles
Dancer Explore careers National Careers Service	The nuts and bolts of becoming a professional actor... AllAboutCareers	Jobs that use Music - BBC Bitesize
What can I do with a dance degree? Prospects.ac.uk	Jobs that use English and Drama - BBC Bitesize	What can I do with a Music degree
Careers in Dance - Trinity Laban		
Careers in Dance (theplace.org.uk)		

How can you get involved?

- Make the most of your Dance, Drama and Music curriculum lessons.
- Attend ACE Clubs – there are lots for Performing Arts.
- Watch shows and performances in school and out of school.
- Follow the Performing Arts Team on Twitter.



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