

Steps to

ASPIRE

Supporting your Transition
to The Bourne Academy

5

Complete the Microsoft form 'Task 5 - Resilience Riddles'. For this task, you will be required to solve a number of riddles. Within the task, you will be asked to find the answers to a number of riddles, showing how you are **RESILIENT**.

3

By navigating your route to and from The Academy, you will become more **PHYSICALLY LITERATE**. Take a picture in front of the Academy main gates with your chosen mode of travel.



1

To write a letter to your 16 year old self demonstrating how you are **AMBITIOUS**.



2

To answer 40 questions all about The Bourne Academy. By navigating the school website to locate the answers for the quiz questions, you will become more **SELF CONFIDENT** around the Academy.



4

Plant and grow sunflowers from seeds. By nurturing the growth of sunflowers from seed, you will demonstrate that you are **INDEPENDENT**. This representation can be compared to your journey at The Bourne Academy.



6

Complete the blob tree in the goody bag and consider what feelings and emotions may be represented by each of the blobs and how this will help you to become **EMOTIONALLY LITERATE**.



THE BOURNE ACADEMY