

## Steps to ASPIRE Competency

### Task 4: **INDEPENDENCE** Task:

#### Planting and Growing Sunflowers

By nurturing the growth of sunflowers from seed, you will grow your **independence**. Witness the gradual development of your sunflowers as they grow in size & strength in response to your care. This task mirrors your journey at The Bourne Academy, where you will blossom & enhance your **independence** throughout your time here.

Please find your sunflower seeds enclosed. When you're ready to plant them, take care when opening the packet. We've also included a Sunflower Growth Diary for you to record your sunflower's journey as it grows. If you have any difficulty finding the materials needed for planting, don't worry — most of the essentials can be found at home. Happy growing!

The Bourne Academy, Hadow Road, Bournemouth, Dorset, BH10 5HS.  
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