



**NATIONAL SCHOOL
SPORTS WEEK 2024**

#PledgeToPlay

to keep young people active for 60 minutes a day, for the UK's biggest annual celebration of PE, play and sport.

Power of an Active School

National School Sport Week - a place in sport for every child

The Bourne Academy PE department continue to share and celebrate the importance of sport, play and physical activity.

How will you complete your active 60 minutes each day?

Let's get #BourneActive

We want you to get involved in activities each day!

Join us on the field each break and lunch for some skill challenges and different physical activities each day.

	Break & Lunch	Lunch	After school
Monday	Pickleball Football skills challenges Y7 volleyball	Ultimate frisbee Y7 Volleyball	
Tuesday	Pickleball Football skills challenges Y8 volleyball	American football Y8 Volleyball	GALS/LADS
Wednesday	Pickleball		
Thursday	Pickleball Football skills challenges Y9 volleyball	Yoga Y9 Volleyball	
Friday	Pickleball Football skills challenges Y10 volleyball	Zumba Y10 Volleyball	

Get ready for a summer of sport 2024



What are you looking forward to?

**National school sports week
(17th-23rd June)**

Euros Football (14th June – 14th July)

**The Bourne Academy Sports Day
(1st July)**

Town Sports (2nd July)

Wimbledon (1st-14th July)

Olympics (26th July- 8th August)

Paralympics (28th August-8th September)

T20 Cricket World Cups

Plus many more.....